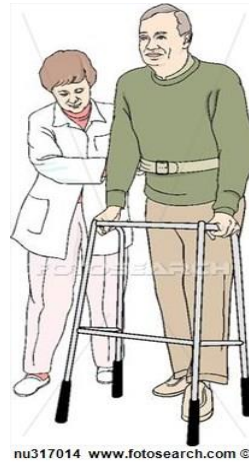


Ambulate Using Transfer Belt



Procedure:

- Before assisting to stand, check to see that client is wearing shoes.
- Before assisting to standing, position client to sitting position with feet flat on the floor.
- Apply transfer belt securely at the waist over clothing.
- Provide instructions to assist client to a standing position, including prearranged signal to alert client to begin standing.
- Stand facing client and position self to ensure safety of self and client during the transfer. Counting to 3 then alert the client to begin standing.
- Bending with your knees and pulling client towards you but not leaning forward using your back for stability will prevent injuries to the caregiver.
- On signal, gradually assist client to stand by grasping transfer belt on both sides with an upward grasp.
- Walk slightly behind and to one side of the client for a distance of 10 feet while holding onto the belt.
- After ambulation assist client to seated position and remove transfer belt.