

Complex PCA Health Care Topics with RN/QP training

1. Gastrostomy tube feedings- basic overview knowledge with continuous and gravity feedings relating to purpose, types of tube feedings, tube site care, and potential complications.
2. Wound therapy-basic staging and skin breakdown.
3. Respiratory Interventions-O2 tube safety & cleaning, drainage treatments of mouth suctioning only, respiratory vest, and ventilation devices such as CPAP, O2 tanks, and oxygen concentrator.
4. Urine catheter care and maintenance – general knowledge with tubing cleaning and safety, drainage bags and peri- care hygiene.
5. Bowel /Urine retraining program.
6. Swallowing disorders
7. Neurological interventions –seizure symptoms with safety and duration.
8. Congenital or acquired diseases creating a need for significantly increased hands on assistance and interventions involving 6-8 ADLs – individualized teaching handouts on client co-morbidities/diseases.
9. Cognitive behaviors affecting the ability of the consumer to function at home and in the community using modification and redirection techniques- techniques of therapeutic communication, tips for dealing with dementia problematic behaviors and redirection techniques, types of communication styles, basic problem solving cherish policy #28, person centered planning and culturally competent service delivery cherish policy #25, crisis and de-escalation techniques cherish policy #27.

Basic PCA Topics – Non-complex Health Care Training

- Hand Hygiene
- Ambulate using transfer belt
- Knee-High elastic support stocking
- Dressing/undressing and technique with affected (weak) extremity
- Mechanical lifts
- Tub Bath, Bed Bath, Shower technique and safety
- Positioning techniques and active ROM of extremities
- Transferring techniques involving lying, seated, and with ambulation devices
- Denture and mouth care
- Fingernail and foot care
- Perineal care with and without incontinence
- Hearing aid placement and care and vision loss
- Urinal care, empty urine drainage bag with catheter care
- Ambulation devices-cane, walker, and wheelchair
- Tips for dealing with dementia problematic behaviors and redirection techniques
- Infection control-cherish policy #28,cherish website MN DHS training link/QP direct caregiver training info
- Fall prevention- cherish website MN DHS training link/QP direct caregiver training info
- Bloodborne pathogens-cherish website MN DHS training link/QP direct caregiver training info
- MRSA fact sheet-cherish website MN DHS training link/QP direct caregiver training info