

Dressing Client with Affected (weak) extremity



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Procedure:

- ✓ Ask the client what they would like to wear and help select clothing for the day's activity.
- ✓ While avoiding overexposure of the client, remove existing clothing from the unaffected side first then proceed to the affected (weak) side.
- ✓ Assist to place the affected (weak) extremity which can be an arm or leg through the shirt sleeve or pants leg before placing the garment on the unaffected extremity.
- ✓ While putting on garments, move body gently and naturally, avoiding force and over-extension of limbs and joints.