

Knee-High Elastic Support Stocking



Procedure:

- ❖ **Assist client to a lying position.**
- ❖ **Check care plan for application and removal times of stockings.**
- ❖ **Turn stockings inside out to heel area.**
- ❖ **Place stocking over toes first.**
- ❖ **Pull top of stocking over foot, heel and leg. Move foot and leg gently and naturally, avoiding force and over-extension of limb and joints.**
- ❖ **Check to make sure stocking is applied evenly and that there are no twists or wrinkles. The opening in the toe area is either over or under the toe area and the heel of stocking is over the heel.**